



PUERTO VARAS / HOTEL

BICYCLE EXCURSIONS MANUAL

In our quest to become more sustainable every day and to reduce our carbon footprint, we have devised a plan for you to experience the Lake Llanquihue basin by making use of the extensive network of bike paths and roads that are suitable for cycling.

We have different types and sizes of bicycles, including electric bikes, that you can use to explore the different routes or instead of motorized vehicles as transportation to the different excursions in the vicinity of the hotel.

TYPES OF BICYCLES



MOUNTAIN BIKE



HYBRID



ROAD BIKE

MOUNTAIN BIKE



DESCRIPTION

We have “hardtrail” type mountain bikes, which means they only have a suspension fork (front). They are ideal for the dirt trails around the hotel, but they are also comfortable on the bike path along Route 225 CH (that leads to Ensenada).

BIKE TYPE



Specialized Rockhopper, Trek Marlin

RECOMMENDED FOR

Families
Couples

RECOMMENDED ROUTES

Los Riscos
Pichijuan Hill
Ensenada

RECOMMENDED EXCURSIONS

Playa Venado

HYBRID



DESCRIPTION

These bikes are perfect for riding the bike path along the route to Ensenada. They are not as fast as road bikes, but you can cover long distances without great effort.

RECOMMENDED FOR

Families
Couples

RECOMMENDED ROUTES

Saltos del Petrohué
Puerto Varas
Falls

BIKE TYPE



Specialized Sirrus X



Specialized Turbo Vado SL

RECOMMENDED EXCURSIONS

Playa Venado
Rafting

ROAD & GRAVEL BIKES



DESCRIPTION

Every year, the Los Lagos Region is the headquarters of the Tour del Lago, one of Chile's most important bike races. We believe that traveling the routes of the basin on a road bike is one of the best experiences possible in the Lake Region, and therefore, we invite you to ride the different routes around the lake—or even do the Tour del Lago's entire 180-km route!

RECOMMENDED FOR

Athletes
Friends
Families

RECOMMENDED ROUTES

Saltos del Petrohué
Puerto Varas
Falls

RECOMMENDED EXCURSIONS

Tour del Lago

BIKE TYPE



Specialized Allez



Specialized Turbo Creo



EQUIPMENT

INCLUDED & SUGGESTED

	Included	Suggested
MOUNTAIN BIKE	Helmet Lights Backpack Bike lock Tire repair tool kit	Biking shorts or pants Sunglasses Windbreaker
HYBRID	Helmet Lights Saddlebag or Backpack Bike lock Tire repair tool kit	Biking shorts or pants Sunglasses Windbreaker
ROAD BIKE	Helmet Lights Saddlebag or Backpack Bike lock Tire repair tool kit	Biking shorts or pants Sunglasses Windbreaker Biking shoes

EXCURSION MAP

Places

- | | |
|----------------|----------------|
| ① Hotel AWA | ⑥ Puerto Octay |
| ② Puerto Varas | ⑦ Puerto Fonck |
| ③ Llanquihue | ⑧ Las Cascadas |
| ④ El Totoral | ⑨ Ensenada |
| ⑤ Frutillar | ⑩ Petrohué |

Excursions

- Ⓐ Fundo Playa Venado
- Ⓑ Horseback Riding in Puerto Rosales
- Ⓒ Kayaking in La Poza
- Ⓓ Cascadas Zip Line
- Ⓔ Rafting on the Petrohué River
- Ⓕ Saltos de Petrohué

Route Types

- Bike path
- Paved roads
- Dirt road
- Path



ROUTES



RECOMMENDED

ROUTE 1 / AWA - PETROHUÉ [↗](#)

DURATION & DISTANCE

Duration Round Trip → 3 hrs, 30 min

Distance Round Trip → 63.3 km

Elevation Round Trip → 445 m

Duration 1 way → 1 hr, 45 min

Distance 1 way → 31.65 km

TYPE OF ROUTE

Bike path

ROUTE PROFILE



OVERLOOKS

Los Riscos

Saltos del Petrohué

Petrohué River & Volcanoes

RECOMMENDED BIKE



Specialized Allez



Turbo Vado SL



STRAVA SEGMENTS

AWA – New Petrohué Overlook

AWA - Onces Bellavista

AWA - Saltos del Petrohué

ROUTE 2 / AWA - CASCADAS [↗](#)

DURATION & DISTANCE

Duration Round Trip → 4 hrs, 30 min

Distance Round Trip → 72 km

Elevation Round Trip → 830 m

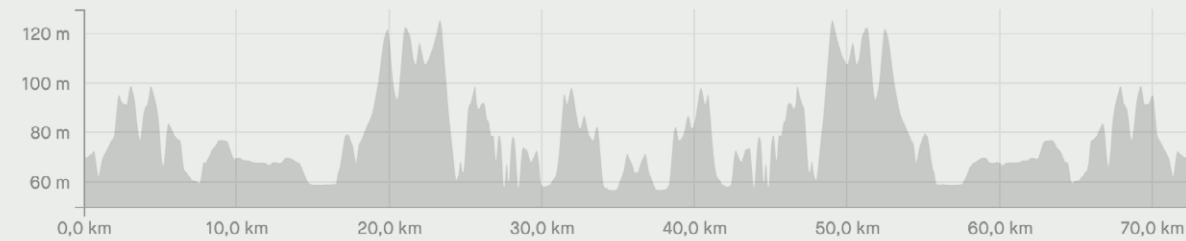
Duration 1 way → 2 hrs, 15 min

Distance 1 way → 36 km

TYPE OF ROUTE

Bike path

ROUTE PROFILE



OVERLOOKS

Los Riscos

Vicente Perez Rosales

Piedra Basaltica

RECOMMENDED BIKE



Specialized Allez



Turbo Vado SL



STRAVA SEGMENTS

AWA – Cascadas Zip Line

AWA - Ensenada

AWA - Onces Bellavista

ROUTE 3 / AWA - PUERTO VARAS [↗](#)

DURATION & DISTANCE

Duration Round Trip → 4 hrs
Distance Round Trip → 58.5 km
Elevation Round Trip → 574 m
Duration 1 way → 2 hrs
Distance 1 way → 29.32 km

TYPE OF ROUTE

Bike path

ROUTE PROFILE



OVERLOOKS

Mirador Muelle Puerto Varas

RECOMMENDED BIKE



Turbo Vado SL



Sirrus X



STRAVA SEGMENTS

AWA - Doña Ema

AWA - La Poza

Pescado River

ROUTE 4 / AWA - PICHIJUAN HILL [↗](#)

DURATION & DISTANCE

Duration Round Trip → 1 hr, 15 min

Distance Round Trip → 10 km

Elevation Round Trip → 472 m

Duration 1 way → 50 min

Distance 1 way → 5 km

TYPE OF ROUTE

Dirt Road

ROUTE PROFILE



OVERLOOKS

Mirador Lago Llanquihue

RECOMMENDED BIKE



Rockhopper o similar



STRAVA SEGMENTS

AWA - Mirador Pichijuan

ROUTE 5 / AWA - LOS RISCOS [↗](#)

DURATION & DISTANCE

Duration Round Trip → 1 hr, 30 min

Distance Round Trip → 14 km

Elevation Round Trip → 372 m

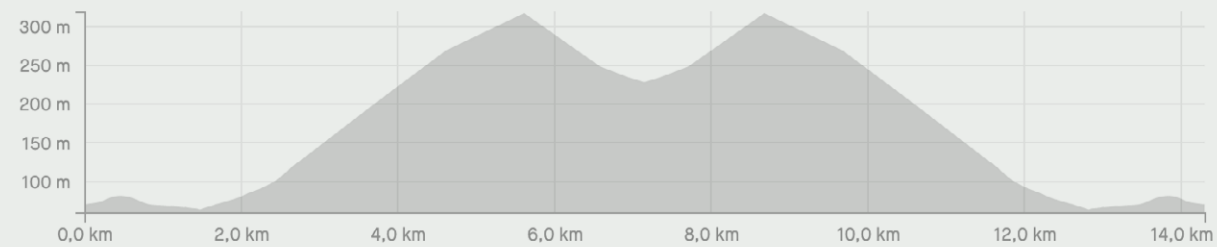
Duration 1 way → 50 min

Distance 1 way → 7 km

TYPE OF ROUTE

Dirt Road

ROUTE PROFILE



RECOMMENDED BIKE



Rockhopper o similar



STRAVA SEGMENTS

AWA - Los Riscos

ROUTE 6 / AWA - COLONIA RÍO SUR [↗](#)

DURATION & DISTANCE

Duration Round Trip → 3 hrs
Distance Round Trip → 44 km
Elevation Round Trip → 683 m
Duration 1 way → 2 hrs
Distance 1 way → 22 km

TYPE OF ROUTE

Dirt Road

ROUTE PROFILE



RECOMMENDED BIKE



Rockhopper Sport



Turbo Creo



STRAVA SEGMENTS

AWA - Pescado River

AWA - Onces Bellavista

ROUTE 7 / AWA - VOLCÁN OSORNO [↗](#)

DURATION & DISTANCE

Duration Round Trip → 4 hrs
Distance Round Trip → 60 km
Elevation Round Trip → 1396 m
Duration 1 way → 3 hrs
Distance 1 way → 30 km

TYPE OF ROUTE

Paved Road

ROUTE PROFILE



OVERLOOKS

Mirador Los Riscos
Mirador Crater la Burbuja
Mirador Curvas
Mirador Centro SKI

RECOMMENDED BIKE



Specialized Allez Base



Turbo Creo



STRAVA SEGMENTS

AWA - Ensenada

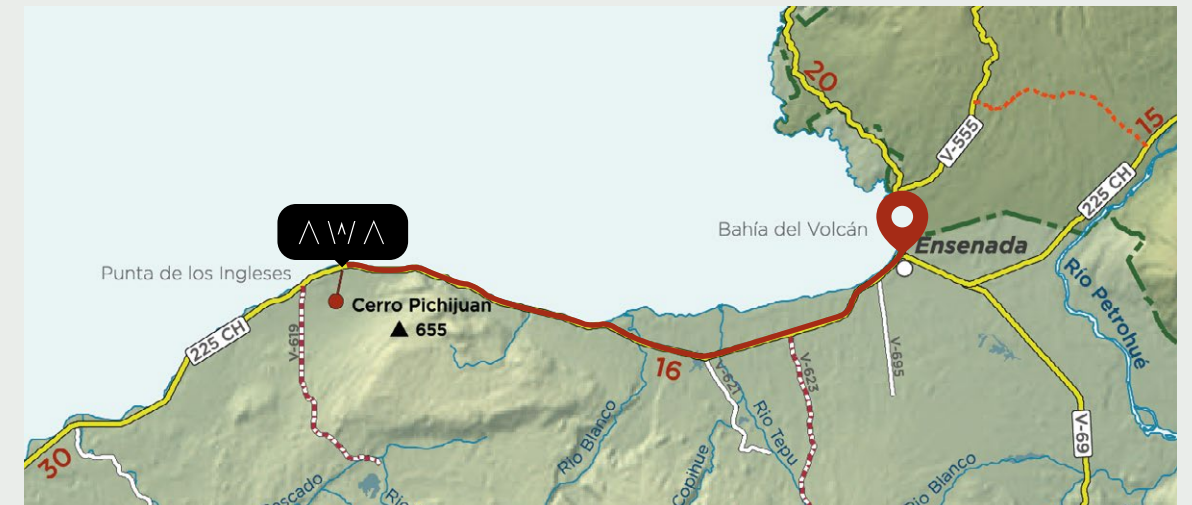
Climb Osorno Volcano



EXCURSIONS

EXCURSION / RAFTING RÍO PETROHUÉ [↗](#)

We begin our ride pedaling toward the base of operations in Ensenada. In this adventure we will raft down the Petrohué River, going through class III and IV rapids, in a safe but high-flow river with views of forests, hills, and volcanoes. We begin at the base in Ensenada, where the guides will provide the rafting equipment along with instructions and a safety talk before we leave for the 15-minute trip to the river to begin our descent. On a clear day, you will be able to see the Osorno, Calbuco, Puntiagudo, and Yates Volcanoes. After tackling the 9 rapids over approximately 50 minutes, we finish the tour in the Cable sector to change our clothes and return to the base to enjoy a delicious snack.



DURATION & DISTANCE

Duration Round Trip → 2 hrs
Distance Round Trip → 32.5 km
Elevation Round Trip → 218 m

Duration of activity → 2 hrs
Total length → 4 hrs

TYPE OF ROUTE

Bike path

RECOMMENDED BIKE



Specialized Turbo Vado SL



Sirrus X 2.0

OVERLOOKS

Mirador Los Riscos 1
Mirador Bellavista

ROUTE PROFILE



STRAVA SEGMENTS

AWA - Onces Bellavista

AWA - Ensenada

EXCURSION / PETROHUÉ WATERFALLS [↗](#)

We begin our ride by heading east toward the town of Ensenada, located on the bay of the same name, where we will head slightly north to continue toward the Saltos del Petrohué. Along the way, you will see the Osorno Volcano and its lahares, the ashes from the eruption of the Calbuco Volcano in 2015, and the fast-flowing Petrohué River. The Saltos del Petrohué are a set of waterfalls in the river of the same name that drop over volcanic rock formed through a series of eruptions of the Osorno Volcano. In this sector, we will ride two short paths and stop at an overlook for a view of the falls with its stunning emerald color and the river's immeasurable power.

DURATION & DISTANCE

Duration Round Trip → 3 hrs

Distance Round Trip → 51 km

Elevation Round Trip → 361 m

Duration of activity → 1 hrs

Total length → 4 hrs

TYPE OF ROUTE

Bike path

RECOMMENDED BIKE



Specialized Turbo Vado SL



Sirrus X 2.0

OVERLOOKS

Mirador Los Riscos

Mirador Saltos del Petrohué

Mirador Río Petrohué y volcanes



ROUTE PROFILE



STRAVA SEGMENTS

AWA - Nuevo Mirador Petrohué

AWA - Onces Bellavista

AWA - Saltos del Petrohué

EXCURSION / **CASCADAS ZIP LINE ROUND TRIP** [↗](#)

We begin our ride heading east toward the town of Ensenada located on the bay of the same name, where we will veer slightly northward and continue on toward Cascadas. We will ride along the edge of the lake to reach the longest zip line in Chile and one of the three longest in South America. It has 14 platforms and 11 cables for a total length of 2,000 meters of pure adrenaline and a sense of flying through forests and amazing landscapes.

DURATION & DISTANCE

Duration Round Trip → 3 hrs, 30 min

Distance Round Trip → 60 km

Elevation Round Trip → 674 m

Duration of activity → 2 hrs

Total length → 5 hrs, 30 min

TYPE OF ROUTE

Bike path

RECOMMENDED BIKE



Specialized Turbo Vado SL



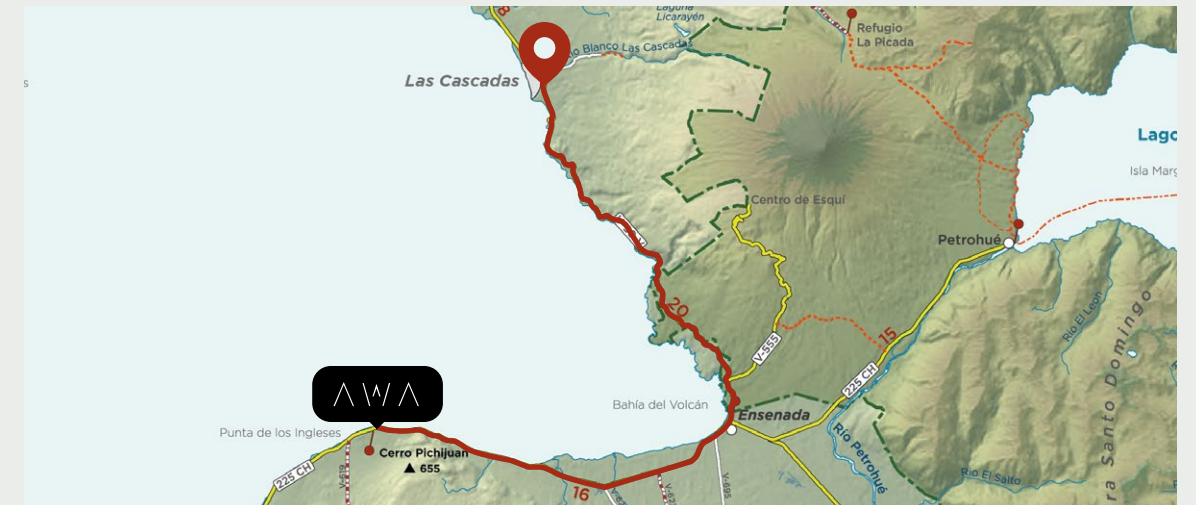
Sirrus X 2.0

OVERLOOKS

Mirador Los Riscos

Laguna Verde

Miradores Parque Vicente Perez Rosales



ROUTE PROFILE



STRAVA SEGMENTS

AWA - Canopy Cascadas

AWA - Onces Bellavista

AWA - Ensenada

EXCURSION / FUNDO PLAYA VENADO [↗](#)

In this excursion, we begin pedaling toward Puerto Varas, to reach the entrance to Fundo Playa Venado and then head down a short dirt road. At the Fundo Play Venado we will learn about all the daily activities of country life, walk through meadows, visit the sheep, experience aromas, learn about crops grown in the agro-ecological garden, and visit the dairies to learn about making cheeses and the caramel-like dulce de leche.

DURATION & DISTANCE

Duration Round Trip → 1 hr, 30 min

Distance Round Trip → 23.7 km

Elevation Round Trip → 297 m

Duration of activity → 2 hrs

Total length → 3 hrs, 30 min

TYPE OF ROUTE

Bike path

RECOMMENDED BIKE



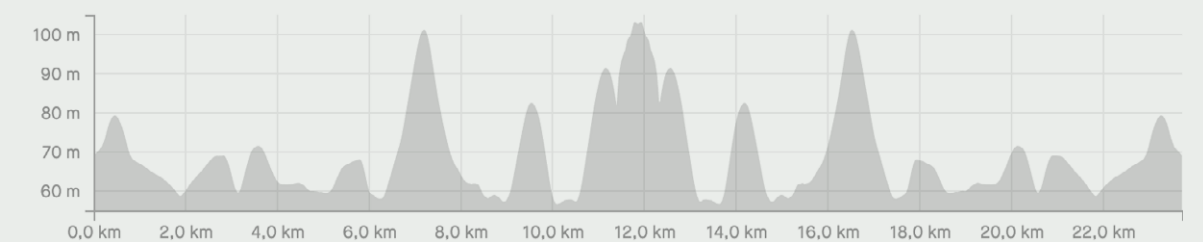
Specialized Turbo Vado SL



Sirrus X 2.0



ROUTE PROFILE



STRAVA SEGMENTS

AWA - Pescado River

EXCURSION / HORSEBACK RIDING IN PUERTO ROSALES [↗](#)

We start this excursion riding toward Puerto Varas to reach the stables in Puerto Rosales, where our guides will meet us, give us a safety chat, and provide all the equipment necessary for the activity. We will learn how to saddle the horses and then start our ride through a forest with native flora and fauna, including trees such as the tepa and canelo and birds such as the chucao and the magellanic woodpecker.

DURATION & DISTANCE

Duration Round Trip → 2 hrs
Distance Round Trip → 29 km
Elevation Round Trip → 386 m

Duration of activity → 2 hrs
Total length → 4 hrs

TYPE OF ROUTE

Bike path

RECOMMENDED BIKE



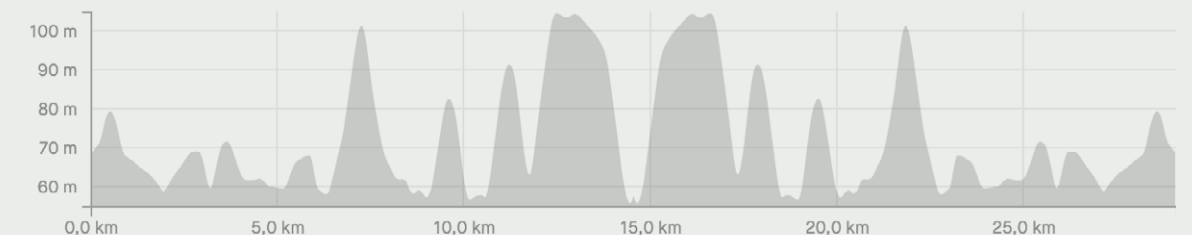
Specialized Turbo Vado SL



Sirus X 2.0



ROUTE PROFILE



STRAVA SEGMENTS

AWA - Pescado River

AWA - La Poza

EXCURSION / KAYAKING LA POZA [↗](#)

We start our ride heading toward Puerto Varas and then turn toward the sector known as La Poza, where our guides will provide us with gear and a safety talk. We will then kayak through the lagoon, enjoying an activity planned for those who wish to enjoy nature peacefully.

DURATION & DISTANCE

Duration Round Trip → 2 hrs
Distance Round Trip → 29 km
Elevation Round Trip → 386 m

Duration of activity → 2 hrs
Total length → 4 hrs

TYPE OF ROUTE

Bike path

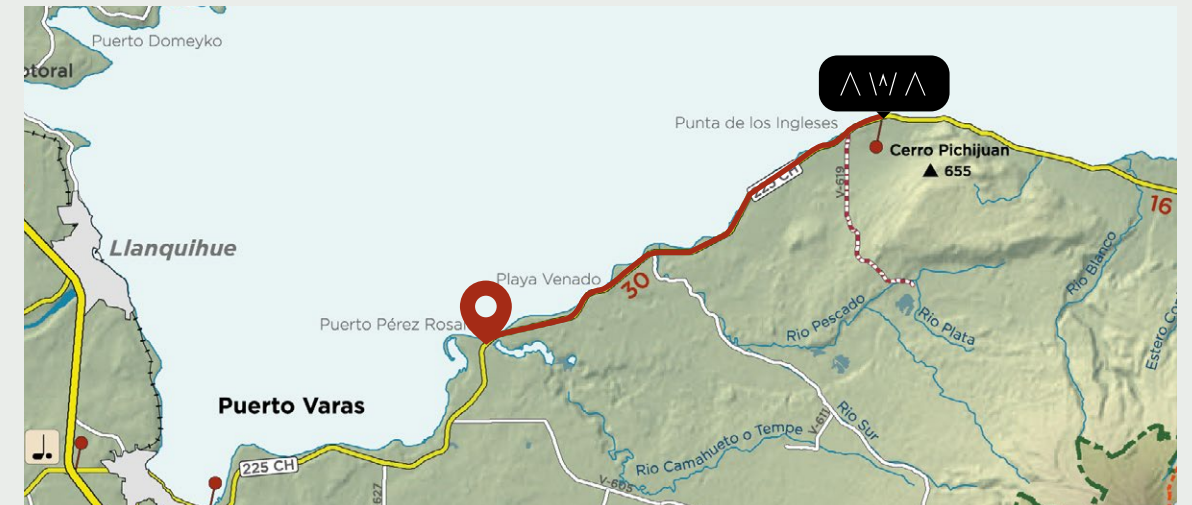
RECOMMENDED BIKE



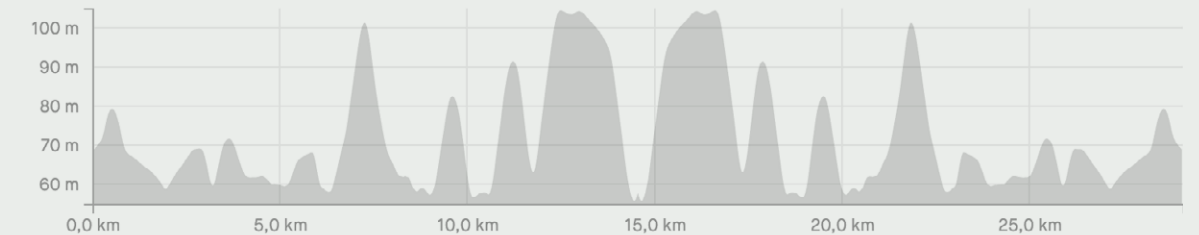
Specialized Turbo Vado SL



Sirrus X 2.0



ROUTE PROFILE



STRAVA SEGMENTS

AWA - Pescado River

AWA - La Poza



PUERTO VARAS / HOTEL



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DOWNLOAD OUR MAPS

